

Long Term Plan 2020-2021 KS3 CORE

	2 nd Sept – 21 th Oct	2 nd Nov- 18 th Dec	4 th Jan- 12 th Feb	22 th Feb – 26 th March	12 th April – 28 th May	7 th Jun- 16 th July
	7.5 weeks	7 weeks	6 weeks	5 weeks	7 weeks	6 weeks
Year 7	Baseline assessment Football Netball Fitness Dance	Indoor Athletics Cross country OAA Dance	Fitness Classroom 2 5K Gymnastics Basketball Dance	Badminton Rugby Athletics HRF Dance	Athletics Rounders Rugby Dance	Cricket Rounders Softball Athletics Dance
Year 8	Football HRF Netball Dance	Indoor Athletics OAA Cross country Dance	Badminton Trampolining Rugby Dance Classroom 2 5K	Rugby Handball HRF Dance	Athletics Rounders Cricket Dance	Softball Cricket Athletics Dance
Year 9	Netball Badminton Football Dance HRF	Football HRF Trampolining Rugby Dance	Hockey Trampolining Badminton Rugby Dance	Tchoukball Classroom 2 5K Handball HRF Dance	Rounders Athletics Dance	Athletics Softball Rounders Cricket Dance

Adaptations to the long Term Plan

2020-2021 KS3 CORE

	2 nd Sept – 21 th Oct	2 nd Nov- 18 th Dec	4 th Jan- 5 th March	8 th March- 30 April	3 May- 28 May	7 th Jun- 16 th July
	7.5 weeks	7 weeks	Lockdown	5 weeks	7 weeks	6 weeks
Year 7	Baseline assessment Football Netball Fitness Dance	Indoor Athletics Cross country OAA Dance	Fitness practical online Dance practical online Indoor athletics and netball (knowledge)	Tag Rugby HRF Dance Football	Athletics Striking and Fielding Rugby Dance	Cricket Rounders Softball Athletics Dance
Year 8	Football HRF Netball Dance	Indoor Athletics OAA Cross country Dance	Dance practical online Fitness practical online Indoor athletics and rugby (knowledge)	Tag Rugby Badminton HRF Dance Table Tennis	Athletics Striking and Fielding Cricket Dance	Softball Cricket Athletics Dance
Year 9	Netball Badminton Football Dance HRF	Football HRF Trampolining Rugby Dance	Dance practical online Fitness practical online Badminton (knowledge)	HRF Dance Badminton Football Fitness	Rounders Athletics Dance Badminton Tag Rugby	Athletics Softball Rounders Cricket Dance

Long Term Plan 2020-2021 KS4 CORE

	2 nd Sept – 21 th Oct	2 nd Nov- 18 th Dec	4 th Jan- 12 th Feb	22 th Feb – 26 th March	12 th April – 28 th May	7 th Jun- 16 th July
	7.5 weeks	7 weeks	6 weeks	5 weeks	7 weeks	6 weeks
Year 10	Football HRF Badminton Netball	Classroom 2 5K Tchoukball HRF Rugby	Table Tennis Hockey HRF Trampolining	Football Ultimate Frisbee Badminton Athletics	Rounders Athletics Softball	Cricket Athletics Rounders Softball
Year 11	Football Badminton HRF Netball	Football Trampolining Rugby Badminton	Table Tennis Trampolining Badminton Football	Table Tennis Trampolining Badminton Football/ Rugby	Rounders Athletics Badminton HRF	

Adaptations to the long Term Plan 2020-2021 KS4 CORE

	2 nd Sept – 21 th Oct	2 nd Nov- 18 th Dec	4 th Jan- 5 th March	8 th March- 30 April	3 May- 28 May	7 th Jun- 16 th July
	7.5 weeks	7 weeks	Lockdown	5 weeks	7 weeks	6 weeks
Year 10	Football HRF Badminton Netball	Classroom 2 5K Tchoukball HRF Rugby	Online provision to promote health active lifestyles. Google classroom	Football Badminton Fitness Walk and Talk Fitness	Rounders Athletics Softball Rugby	Cricket Athletics Rounders Softball
Year 11	Football Badminton HRF Netball	Football Trampolining Rugby Badminton	Online provision to promote health active lifestyles. Google classroom	Football Fitness & Walk and Talk Rounders Badminton	Rounders Athletics Badminton HRF	

Long Term Plan Option PE 2020-2021

	2 nd Sept – 21 th Oct	2 nd Nov- 18 th Dec	4 th Jan- 12 th Feb	22 th Feb – 26 th March	12 th April – 28 th May	7 th Jun- 16 th July
	7.5 weeks	7 weeks	6 weeks	5 weeks	7 weeks	6 weeks
Year 10	Theory x2 R051 Contemporary issues in sport Practical Football	Theory x2 R051 Contemporary issues in sport PAST PAPERS Practical Individual activities	Exam January ??? R056 Coursework Developing knowledge and skills in outdoor activities Practical Badminton officiating	Rock & River Residential L03 Planning an outdoor activity Practical Team Sport	R053 Sports Leadership coursework Practical Sports Leadership	Resit Exam opportunity TAG R053 Sports Leadership coursework Practical Athletics catch up
Year 11	Theory R056 Developing knowledge in outdoor activities (cw) Practical R053 Sports Leadership Exam revision/ recall	R053 Sports Leadership coursework Practical assessment X1 team x1 individual Exam revision/ recall	Resit Exam opportunity R052 Practical coursework Developing sports skills Badminton officiating / assessment	R052 Practical coursework Developing sports skills Coursework enhancement		

Adaptations to the long Term Plan Option PE 2020-2021

	2 nd Sept – 21 th Oct	2 nd Nov- 18 th Dec	4 th Jan- 5 th March	8 th March- 30 April	3 May- 28 May	7 th Jun- 16 th July
	7.5 weeks	7 weeks	LOCKDOWN	5 weeks	7 weeks	6 weeks
Year 10	Theory x2 R051 Contemporary issues in sport Practical Football	Theory x2 R051 Contemporary issues in sport PAST PAPERS Practical Individual activities	Exam January R056 Coursework Developing knowledge and skills in outdoor activities	Rock & River Residential (cancelled- climbing wall and archery in school) L03 Planning an outdoor activity Practical Team Sport	L03 Planning an outdoor activity Practical Team Sport	Resit Exam opportunity TAG Practical Athletics catch up
Year 11	Theory R056 Developing knowledge in outdoor activities (cw) Practical R053 Sports Leadership Exam revision/ recall	R053 Sports Leadership coursework (dropped unit) Practical assessment X1 team x1 individual Exam revision/ recall	Resit Exam opportunity R052 L04 Practical coursework	R052 L03 Badminton officiating assessment (speaking exam) Revisit individual activities R052 L02 Coursework completion and student evidence files		