



OUR LADY & ST JOHN
CATHOLIC COLLEGE

Curriculum Overview PSHE:

Aims and course content (for each year group):

Year 7

Autumn 1: Transition and healthy heads

Autumn 2: Anti bullying and healthy relationships- WISH centre

Spring 1: Prevent and British values, Remembrance

Spring 2: E-safety, prevent

Summer 1: healthy diet and substance misuse, crime and law

Summer 2: money management, influence of media

Year 8

Autumn 1: emotional health, healthy relationships

Autumn 2: Remembrance, Anti- bullying

Spring 1: E-Safety, Prevent

Spring 2: crime and law, divorce and separation

Summer 1: career choices, stereotyping

Summer 2: budgeting and enterprise

Year 9:

Autumn 1: transition into GCSE, healthy heads

Autumn 2: Remembrance, Anti- bullying

Spring 1: E-Safety, Prevent

Spring 2: substance misuse, British values- active citizen

Summer 1: crime and law, first aid and risks

Summer 2: fraud and exploitation, consumer rights

Year 10

Autumn 1: mental health problems and negative and positive relationships

Autumn 2: Remembrance, Anti- bullying

Spring 1: E-Safety, Prevent

Spring 2: British values- politics

Summer 1: Anti-social behaviour, body image and media problems, pornography

Summer 2: mortgages, pay day loans

Year 11

Autumn 1: sexual health, managing relationships

Autumn 2: Remembrance, Anti- bullying

Spring 1: : E-Safety, Prevent

Spring 2: informed choices, food/mood, risks in fire, water, roads

Summer 1: divorce, separation and loss