

# OLSJ PSHE, RSE & Ten:Ten Curriculum Map 2021-2022

Year	Autumn 1 HT1	Autumn 2 HT2	Spring 1 HT3	Spring 2 HT4	Summer 1 HT5	Summer 2 HT6
<b>7</b>	<u>Transitioning to Secondary School</u> *I am Unique *Who Am I?	<u>Personal Identity</u> *Where I Come From *Living Responsibly *Families & Friends *Relationships & Marriage *Loss, Separation & Bereavement	<u>Health &amp; Puberty</u> *Changing Bodies *Health Influences & Puberty *Personal Hygiene *The Importance of Sleep	<u>OLSJ Ambitions</u> *Being a Lifelong Learner *Careers & Aspirations *Building Resilience *Responding to *Disappointments	<u>Relationships &amp; Self-worth</u> *Romance & Friendships *My Life On Screen *Relationship Boundaries	<u>Money &amp; Me</u> *Financial Decision Making <u>Lloyds Bank</u>
<b>Theme</b>	Health & Wellbeing	Relationships	Health & Wellbeing	Careers & Pathways	Relationships & Sex Education	Living in the Wider World
<b>8</b>	<u>Give First</u> *Before I Was Born *Created & Chosen *Social Responsibility *Social Action*FGM	<u>Emotional Wellbeing</u> *Tough Relationships *Body Image *Mental Health Stigma *Self-harm & Eating Disorders	<u>OLSJ Ambitions</u> *Equality of Opportunity in Careers & Life Choices *The Importance of Team working	<u>Relationships &amp; Identity</u> *Gender Identity *Discrimination & Feelings *Sexual Orientation	<u>Crossing the Line</u> *Online Safety *Think Before You Share *Managing Safely *Personal Information *How to Access Support	<u>Healthy Lifestyle</u> *Keeping Safe *Basic First Aid
<b>Theme</b>	Health & Wellbeing	Health & Wellbeing	Careers & Pathways	Relationships	Health & Wellbeing	Health & Wellbeing
<b>9</b>	<u>Healthy Lifestyle</u> *Maintaining a Balance School, Work, Leisure, Exercise & Online Activities *Diet & Exercise *Lifestyle Choices *Alcohol & Drug Misuse In Control of My Choices	<u>Respectful Relationships</u> *Healthy & Unhealthy Relationships *The Search for Love *Sexting & Pornography *Online Behaviour & Safety *Knowing My Rights & Responsibilities	<u>Life Skills</u> *Love People, Use Things *Goal Setting *GCSE Options *Employability Skills *Employment Rights *Conflict Management Skills	<u>Intimate Relationships</u> *Relationships & Sex Ed *Consent, *Fertility, Contraception & Online Media *Marriage *One Hundred Percent	<u>Peer Influence &amp; Gangs</u> *Exploitation *Peer Influence	<u>EconoME (Financial Literacy)</u> *Impact of Financial Decisions *Debt & Gambling
<b>Theme</b>	Health & Wellbeing	Relationships & Sex Education	Careers & Pathways	Relationships & Sex Education	Health & Wellbeing	Living in the Wider World
<b>10</b>	<u>Stigma: Mental Health Awareness</u> *Building Resilience *Self-image *Develop Empathy *Media Influence	<u>Relationships &amp; Identity</u> *LGBTQ+ Awareness *Prejudice-based Language *Domestic Abuse *Parenting Skills *Emergency First Aid	<u>Disrespect Nobody</u> *Relationship Expectations *Myths & Expectations *Impact of Media *Variety of Faith & Culture *Values, Attitudes & Beliefs	<u>Extremism &amp; Radicalisation</u> *Communities *Belonging *Challenging Extremism *Persuasion & Coercion	<u>Relationships</u> Relationships, Sex, Miscarriages, Pregnancy, Adoption & Abortion *Contraception & Risk of STIs *Reproductive Health & Menopause	<u>OLSJ Ambitions</u> *Work Readiness Skills *Work Experience Readiness *My Areas of Strength & Development
<b>Theme</b>	Health & Wellbeing	Relationships & Sex Education	Relationships & Sex Education	Health & Wellbeing	Relationships & Sex Education	Careers & Pathways
<b>11</b>	<u>DEAL (Developing Emotional Awareness &amp; Listening)</u> *Self-Worth	<u>OLSJ Ambitions</u> (Post 16 Options, Progression & Employment Rights))	<u>RSE/Ten:Ten</u> (Consent, STIs & Birth Control) *Unhealthy Relationships *Pornography	<u>Lifestyle Choices</u> (Knife Free, Drugs, Alcohol, Sleep Factor, Diet & Online Choices) *Addiction*Coercive Control	<u>Study Skills &amp; Intervention</u> *Financial Decision-making	
<b>Theme</b>	Health & Wellbeing	Careers & Pathways	Relationships & Sex Education	Health & Wellbeing	GCSE Preparation	